

Approved
MEETING MINUTES
STATE CONSUMER AND FAMILY ADVISORY COMMITTEE

November 10, 2011

Present: Dave Bullins, Nancy Carey, Anna Cunningham, Sue Guy, Cassandra Williams-Herbert, Libby Jones, Marc Jacques, Carol Messina, Roy Moritz, Dennis Parnell, Sissy Perry, Rosemary Weaver, Doug Wright, and Christina Tolbert.

Absent: Pamela Chevalier, Gladys Christian, Laura Keeney, Ron Kendrick, Mark Long, Carl Noyes, and Paul Russ,

Staff Present: Stuart Berde, Cathy Kocian, Ken Marsh, Deb Goda, Eric Fox, Suzanne Thompson, and Bill Bronson

Guests Present: Martha Brock, Bob Carey, Allison Crotty, Kent Earnhardt, Bill Messina, Gerri Smith, and Larry Swabe.

Presenter & Topic	Discussion	Action
Welcome: Rosemary Weaver, SCFAC Chair	<ul style="list-style-type: none"> The meeting was called to order at 9:00 AM. Rosemary welcomed new SCFAC members Anna Cunningham (DD family member) and Roy Moritz.(MH/SA family member). Marc Jacques requested a change to the agenda in order to present the <i>Consumer Proposed Changes to NC G.S. § 122c</i>. SCFAC members voted favorably to allow the addition to the agenda. SCFAC members received a copy of the NC G.S.§ 138-5. Per diem and allowances of State boards, etc. If any member has questions about the rules and regulations they need to contact Cathy Kocian. 	<p>The agenda was approved by Marc Jacques (Nancy Carey 2nd) with changes.</p> <p>The September 2011 minutes were approved with changes.</p>
Public Comment/Issues	<ul style="list-style-type: none"> Martha Brock addressed three issues: <ul style="list-style-type: none"> Marc Jacques and Joe Donovan did a good job on the <i>Consumer Proposed Changes to NC G.S. § 122c</i>. The DHHS LOC meeting that took place on November 8, 2011, was mainly focused on the Medicaid rates and Medicaid Services. During the meeting the issue of consumer involvement was discussed between Beth Melcher and Representative Nelson Dollar, and Rep. Dollar wanted to know specifically how consumer input is utilized at DHHS. The federal government requires the Protection & Advocacy organizations to complete a survey each year. Transportation issues are among the top three concerns. The Secretary for Obama Care was in Raleigh yesterday to discuss a \$600,000 grant for Wake County. The grant is for the improvement of their transit system. 	
Waiver Leadership Team Ken Marsh, and Deb Goda	<ul style="list-style-type: none"> Deb Goda, DMA, works in the Behavioral Service Section, and acknowledged that there has been CFAC involvement during the Implementation 	<p>Deb Goda will look into the progress being made among CFACs in areas</p>

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	<p>Management Team (IMT) telephone meetings. There are a few LMEs that are not merging, and SCFAC members inquired about the difference between a merger and local agency agreement. Ken Marsh explained the difference:</p> <ul style="list-style-type: none">• A merger is where 2 or more entities legally come together and operate as one organization.• A local agency agreement will have a primary LME, and the agreement will state that the entities will not merge together but agree to work together in partnership. <ul style="list-style-type: none">• SCFAC members discussed the need for more opportunities to provide feedback via conference call (i.e. waiver, legislative issues). Materials to be reviewed also need to be posted and disseminated ahead of time. Several members commented on the need for LMEs and the state to really listen to what's being shared.• Nancy Carey addressed the governance of 122C and stated that it could possibly eliminate the public opportunity for CFAC. She expressed her concerns for keeping the advocacy alive. In addition, it allows for the LMEs to sue and be sued, borrow money, make investments, and own property. Marc Jacques reiterated that the new language could eliminate local consumer and family representation, and suggested that members contact their legislature. Rosemary Weaver spoke with Thom Tillis at a local meeting and explained the role of SCFAC, and let him know the SCFAC would like to establish a working relationship with the new LOC. Anna Cunningham also mentioned that the MH Commission and SCFAC need to create a learning environment.• Ken Marsh provided an overview of the consumer and family input received during the Wavier RFA process. The following individuals assisted DMH and DMA with the reviews of the RFA applications:<ul style="list-style-type: none">• Marc Jacques• Anna Cunningham• Ellen Perry• Dave Bullins• Tammy Cleveland• Bev Stone• Mike Weaver <p>Anna Cunningham stated that the review team provided input that was used, and Marc Jacques complimented Ken Marsh and others for doing a good job of listening. The goal is for the Division to continue to get input from the SCFAC and seven individuals.</p> <ul style="list-style-type: none">• The Waiver Leadership group has been suspended, and the new Executive Management Team (EMT) will be working on executive monitoring/policy management. DHHS has requested that there be SCFAC involvement on this group.	<p>that are not contiguous to see how they are working out details for CFAC involvement.</p>
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	<ul style="list-style-type: none"> Human rights appeals are now being done by OAH, but the new law proposed would require DMA to review all cases. Concerns were expressed about the budget cuts and the roles of advocates are more important. Stuart Berde provided the legislative history on positions the research staff felt could be cut, and the advocates in DSOHF and DMH were selected. Fortunately, only 7 positions were eliminated. However, Suzanne Thompson can't fill positions on the Consumer Empowerment Team and they lost 50% of their staff over the past two years. The CET is not only attending local CFAC meetings, but they also have other responsibilities with educating and gathering feedback in the local community. 	
Prescription Drug Abuse & the Controlled Substances Reporting System (CSRS) William Bronson	<p>Bill Bronson, Program Manager Community Policy Management Section, Justice Innovations Team-Drug Control Unit, provided SCFAC with a presentation on <i>Prescription Drug Abuse & the Controlled Substances Reporting System (CSRS)</i>. The following topics were presented:</p> <ul style="list-style-type: none"> Areas of Responsibility <ul style="list-style-type: none"> Controlled Substances Regulations Controlled Substances Reporting System Methamphetamine Lab Prevention Act (sales of Pseudoephedrine products). Complex, multidimensional group of problems that impact several systems and involve overlapping populations. <ul style="list-style-type: none"> Larger and More Complex than it Looks on the Surface Substance abuse, chronic Pain and mental health overlap each other. The faces of drug users are every day people Defining the problem <ul style="list-style-type: none"> <u>Misuse</u> – Too much for the wrong reasons or in the wrong way w potential harm <u>Abuse</u>- Too much or in the wrong way w actual harm <u>Dependency</u>- a state in which the body relies on a substance for normal functioning <u>Addiction</u>- Continued need to use a substance in the face of adverse consequences <u>Note</u>: In DSM IV Substance Dependence and Abuse are defined differently than the above terms in the context of this presentation. Behaviors of drug users both licit and illicit What RX drugs? Resulting Problems 	

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- What we know
 - Pharmaceutical vs. street drug perception
 - Teens and their attitudes
 - Epidemics of unintentional drug overdose deaths in the USA 1970-2006
 - 3 leading causes of injury death: USA 1979-2007
 - Top 5 leading causes of unintentional injury deaths in NC residents 1999-2007
 - Poisoning deaths in NC 1999-2009
 - Substances reported by medical examiners for unintentional fatal poisonings
 - Unintentional deaths in NC due to controlled substances 2003-2010
 - Comparison of prescriptions for controlled substances (2008) and unintentional poisoning mortality (2006-2007) rates in NC
 - 10 most frequently cited drugs in ED visits due to unintentional poisonings, NC DETECT 2010
 - Deaths vs. Misuse
 - NC admissions to SA treatment by % total.
 - Illicit drug use patterns among high school students
 - CSRS data overview
 - Over 74,000,000 prescriptions in the database (started July 1, 2007)
 - Approx. 17 million per year
 - Over 2,000,000 queries have been made of the system
 - Over 10,000 dispensers and practitioners currently registered to use the system
 - Averaging 2200 queries per day
 - CSRS data for a 6 month period January-July 2011
 - 497,435 Individuals Received Prescriptions for Schedule II Drugs
 - 166,950,176 Doses (17.17 for each person in NC)
 - 1,456,020 Persons received RX for 238,532,862 Doses of Schedule II and Schedule III drugs
 - 2,532,041 persons received RX for 387,249,388 doses of Schedule II,III, and IV Drugs (39 doses for

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	<p>each person in NC- 27% population received at least 1 script)</p> <ul style="list-style-type: none"> • Doctor shopping trends • Cost and Utilization Factors <ul style="list-style-type: none"> • ED visit diagnosis- NC DETECT • DAWN nationwide 2009 • Behavioral health and chronic pain diagnosis as a percentage of total visits for highest ED service utilizers (12 months) ending 2-2011 • NC Medicaid costs • NC snapshot <ul style="list-style-type: none"> ▪ 20,539 Number of persons receiving more than 40 prescriptions for a controlled substance during 2009 ▪ 2708 Number of persons receiving more than 40 prescriptions for narcotic pain relievers during 2009 ▪ 257,730,648 Number of doses of benzodiazepine drugs prescribed during 2009 • What we have done <ul style="list-style-type: none"> • Actions to date • Current activities • CSRS Overview 	
ELT	<ul style="list-style-type: none"> • Rosemary Weaver attended ELT on October 25, 2011, and Steve Jordan has requested that SCFAC return to the External Advisory Team (EAT). A motion was made by Marc Jacques (Anna Cunningham 2nd) and passed stating <i>SCFAC participate in EAT and requested that all disability areas be represented on EAT by SCFAC members.</i> Some of the participants in the EAT are: <ul style="list-style-type: none"> • NC Psychological Association • LME directors and staff • Providers • NC Council • Easter Seals • Advocacy groups • DD Council • The SCFAC LCFAC Interface Task Team held their last conference call with local CFACs and discussed CFAC statute changes. Rosemary reminded the SCFAC members that the State and local CFACs are self-governing and self-directed, so they won't tell the local CFACs what they need to do. In addition, 	<p>SCFAC members interested in participating on EAT will need to notify Rosemary Weaver, and she will appoint 1 member per disability group.</p> <p>Rosemary Weaver will appoint a task force to review 122C and provide SCFAC with an update and completed recommendation by</p>

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	the members reviewed the compiled set of State and LCFAC statute recommendations. SCFAC members discussed the document <i>Proposed changes to 122c</i> , and Nancy Carey acknowledged that Mike Watson addressed the document at the LOC so she would like SCFAC to take a position. Anna Cunningham made a motion that passed (Nancy Carey 2 nd) <i>request the SCFAC chair appoint a task force to review 122c, and prepare an update for the January SCFAC meeting with completion by the March SCFAC meeting.</i>	March.
Consumer Proposed Changes to 122c	<ul style="list-style-type: none"> • Marc Jacques distributed a handout titled <i>Consumer Proposed Changes to NC G.S. 122c</i>. He explained that the concept of recovery needs to be added to 122c. Marc suggested that SCFAC members write a letter to their legislature explaining this need. • Marc Jacques motioned (Anna Cunningham 2nd) <i>the task force will look for specific recommendations in 122c on recovery and self-determination.</i> The motion passed with majority vote. 	
Review of proposed Executive Management Team (EMT) and feedback	<ul style="list-style-type: none"> • The SCFAC members discussed the consumer and family representation on the proposed work group. Each LME Implementation Management Team (IMT) is required to have consumer and family representation. Plus, every LME-MCO will be required to have a Provider Network council. Discussion included the need to have more consumer and family member representation, and also ensure representation from each disability group (MH/DD/SA). • Rosemary will submit the LCFAC and SCFAC EMT feedback to Beth Melcher. • Roy Moritz motioned (Marc Jacques 2nd) <i>under the membership from stakeholder groups add 2 additional members representing people that receive services.</i> Motion passed. • Anna Cunningham motioned (Nancy Carey 2nd) <i>to separate the SCFAC and LCFAC and have 2 SCFAC members on EMT and have 2 LCFAC members on EMT.</i> Motion passed. • Nancy Carey motioned (Marc Jacques 2nd) <i>that Consumer and family members receive a stipend.</i> Motion passed. 	
Task Team Updates	<ul style="list-style-type: none"> • Roy Moritz agreed to be the Budget task team chair, and Anna Cunningham will also be working on the budget issues. They both agreed that training was needed in understanding overall budget process at the State level, and the detailed information used to determine line item amounts. In addition, the task team has requested that a presentation be done at the January SCFAC meeting on <i>Cost Savings of Waiver Implementation including specific expectations of where the cost savings exist in the LME-MCO environments and what we should be seeing in the state budget in the coming years. Will we see cost-</i> 	The Budget task team will request that Bill Scott meet with them on Wednesday, January 11, 2012 at 4pm in Raleigh.

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	<p><i>bleeding into other budget areas from the savings expected under 1915bc Waiver?</i></p> <ul style="list-style-type: none"> • The Services task team discussed human rights committees in a Waiver environment. The members expressed concerns as to how will grievances be handled. Plus, what will the long term financial affects be? • The Plans task team reviewed the operating statement and Marc Jacques will email Paul Russ, Chair, and discuss how to proceed forward. • The SCFAC LCFAC Interface task team has their next conference call scheduled for December 14, 2011 from 7-8pm. The focus of discussion will be recruitment issues and problems with recruiting at the local level. 	
ELT Schedule	<ul style="list-style-type: none"> • Paul Russ is scheduled to attend ELT on November 22, 2011. 	Rosemary Weaver will draft a new ELT scheduled for 2012.
Next Meeting Date	<ul style="list-style-type: none"> • The next meeting is scheduled for January 12, 2012 from 9:00-3:00 P.M. The meeting will be held in the Four Sisters Room at the Clarion Hotel State Capital, 320 Hillsborough Street, Raleigh, N.C. 	
January 2012 Meeting Agenda	<ul style="list-style-type: none"> • Approval of the Agenda • Approval of the November 2011 minutes • Public Comments/Issues • Discussion with Division Leadership • Expectations of Cost savings in a wavier environment • Child MH presentation • Task Team Work Sessions • Task Team Update • March 2012 Agenda 	